Exodus 22:20-26 Have compassion 1Thessalonians 1:5-10 Great example Matthew 22:34-40 Greatest commandment			
Response to the Psalm: I love you, Lord, my strength, with all my heart.			Love God and love your neighbour
Gospel Acclamation: Alleluia! (sung)			as yourself
You must love the Lord your God with your whole heart, with all your soul and with all your mind and you must love your neighbour as yourself. (Matthew 22: 37-38)			Thirtieth Sunday Year A
26 Oct	Catherine Beaver		
2 Nov	Wayne Kelly		As we saw last week, the
Readers			Pharisees try again to
26 Oct 2 Nov	1st Reading Ps/Intercessions 2nd Reading 1st Reading Ps/Intercessions 2nd Reading	Julie Hodgkinson Peter Ticehurst David Ridoutt Mary Duggan Ian Maguire Claire Maguire	disconcert Jesus. This time their question is about their religious Law. Jesus takes their question at face value and answers openly and
Ministers of the Eucharist			directly, going straight
26 Oct	Monica and Brian Bright		to the heart of the Law.
2 Nov	Carla Endean and P		When we love God
Children's Liturgy			with all our heart, we will
26 Oct	Carol Drummond		not sin. We will love
2 Nov	Frances Huckstepp		others and do everything
Counters			we can to promote love
26 Oct	Christa and David		wherever we are.
2 Nov	Robyn and Kevin		
Morning			Please pray for those
26 Oct	Janice Lane		who are ill:
2 Nov Monica Van Horen			Marjory Cowell, Roger
Church Care 31 Oct Judy Harris and Monica Van Horen		Johnstone, Travis	
31 Oct 7 Nov	Julie Hodgkinson	onica van Horen	Kingston, Chelsey Laird,
	bu will find rest Isaiah 25:6-9; Pa	s 26 Rom 5:5-11; Matt 11:25-30	Cec O'Brien, Irene Peacock & David Ridoutt.

Love is eternal! If the Church was a body composed of different members, it couldn't lack the noblest of all; it must have a heart, and a heart burning with love. And I realised that this love alone was the true motive force which enabled the other members of the Church to act; if it ceased to function, the apostles would forget to preach the gospel, the martyrs would refuse to shed their blood. Love, in fact, is the echoes from vocation which includes all others; it's a universe of its own, comprising all time and space - it's eternal! St Thérèse of Lisieux (1873-1897)

the

past



Dear Friends,

Laurie Woods shared this thought on today's Gospel: It's helpful to remember what Jesus told Martha, that few things were necessary for a fulfilling life and that achieving this end was really quite simple if we could genuinely love God and neighbour. John makes the point that we cannot love God whom we don't see if we don't love our neighbour whom we do see (1 John 4:20) and then Paul spells out some of the practical ways by which we can show love: Love is patient; love is kind ... Blessings, Lyn.

PARISH SURVEY IS DUE BACK TODAY - KINDLY PLACE YOUR RETURN IN THE BOXES PROVIDED. THANK YOU!

Mindfulness

In our community, we spend a few minutes each evening reflecting privately on the day that has just passed. It's a way of helping ourselves to be mindful of what has been good, what has been less good and where reconciliation with another might be needed. Some time ago, I read an article in Madonna magazine that suggested five questions to facilitate this process of reflection:

- 1. What was the best thing I heard today?
- 2. What was the best thing I saw?
- 3. What was the best thing someone did for me today?
- 4. What was the best thing I did for someone else?
- 5. What can I do to improve tomorrow?

I have been surprised to discover that the best thing someone has done for me and the best thing I have done for someone else each day has almost always been a very small thing. So small that I wouldn't have given it a second thought except for this opportunity to reflect. For example, somebody else put out the garbage. Usually I do it, but I was busy with other jobs today. An elderly sister was struggling to peg her washing on the line and I helped her. These little kindnesses make all the difference to the feel of the day and to our feelings about each other.

Thoughtfulness is catching. My sister made me a Sri Lankan 'love cake', which I shared with a Sri Lankan friend. It happened that she hadn't tasted that recipe since her mother's death many years before. My sister brought her the recipe together with the ingredients that aren't readily available here. Weeks later, my friend made her own 'love cake' and shared it with my sister. Love spreads! (JK) *from peoplespeak*

St Vincent de Paul Blue Mountains Regional Festival Mass

will be held in our Sacred Heart Church on Saturday, 15 November at 4pm. Everyone welcome.

VINNIE'S MEETING

As the Melbourne Cup luncheon will be held in the hall on Tuesday 4 November, the Vinnie's meeting will be moved to Tuesday, 11 November at 3.30pm in the Meeting Room.

