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*Acts 1:1-11 Taken to heaven*  
*Ephesians 1:17-23 God's power at work*  
*Mark 16:15-20 He works with us*

**Response to the Psalm:**

God mounts his throne to shouts of joy;  
a blare of trumpets for the Lord.

**Gospel Acclamation:**

Alleluia, Alleluia, Alleluia, Alleluia!  
Go and teach all people my gospel.  
I am with you always, until the end of the world.

**Servers**

24 May Jan Roberts  
31 May Diane Stewart

**Readers**

24 May	1st Reading	Claire Maguire
	Ps/Intercessions	Ron Davis
	2nd Reading	Ian Maguire
31 May	1st Reading	Christa Buckley
	Ps/Intercessions	Jane Nolan
	2nd Reading	Ian Maguire

**Ministers of the Eucharist**

24 May Barbara Smith and Diana Landsberg  
31 May Ray Wood and Elizabeth Giddey

**Children's Liturgy**

24 May Anne Broomfield  
31 May Anne Broomfield

**Counters**

24 May Barbara and Charles  
31 May Monica

**Morning Tea**

24 May Claire Maguire  
31 May Monica Van Horen

**Church Care**

29 May Pat and Phil Wicks  
5 June The Gatt Family

**CHURCH CARE - CAN YOU HELP?**

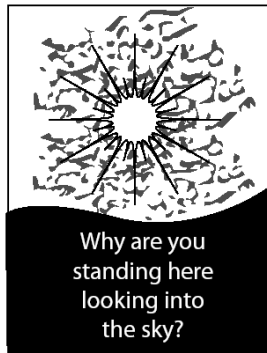
A new roster for the next six months is about to be drawn up. If you could join this group, it would be very much appreciated - only required to help approximately every two months. Also, if there are any changes to the existing roster, please see Mary Kingston after Mass before the end of this month.

"Preach the Gospel at all times  
and when necessary,  
use words."



St Francis of Assisi

Please pray for those who are ill:  
**Russell Ellis; James Ford; Judy Frazer;**  
**Roger Johnstone; Travis Kingston;**  
**Irene Peacock; Cec O'Brien;**  
**David Ridoutt and Hugo Riggs.**



Why are you  
standing here  
looking into  
the sky?

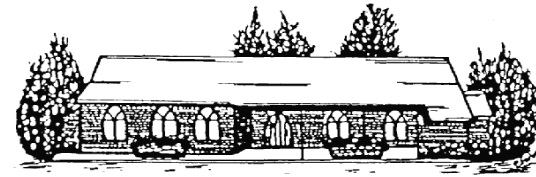
**The Ascension of  
the Lord ~ Year B**

Jesus' last message to his disciples before he ascends into heaven is that they go out in the power of the Holy Spirit and tell the Good News to the whole world. Their preaching will be confirmed by signs of God's saving power. The promised gift of the Holy Spirit within us will make us Jesus' witnesses to the ends of the earth.

**NEXT WEEK: Spirit of truth**

*Acts 2:1-11; Psalm 103*  
*Galatians 5:16-25;*  
*John 15:26-27;16:12-15*

# SACRED HEART PARISH



Sacred Heart Church ~ Blackheath  
Saint Paul's Church ~ Mount Victoria  
Saint Joseph's Church ~ Megalong Valley

**We wish to acknowledge the Darug and Gundungurra people,  
the original custodians of this land.**

**Our Mission Statement:** As a community bonded together through faith, we are called to share our experience of God with those we meet each day, in particular, those in our local community.

Administrator: Fr Bob Sheridan	Parish Office hours:
Parish House: 4787 8811	Wednesday: 1.00pm - 5.00pm
Parish Office: 4787 8540	Thursday: 10.30am - 2.30pm
Fax: 4787 6143	All enquiries regarding Baptisms,
email: shbheath2@bigpond.com	Marriages and sick calls, phone 4787 8540.

**Website:** <http://www.keepersoftheflame.net/SacredHeartParish/index.html>

<b>Blackheath - Mass</b>	Sunday	9.30am
Evening Mass	Tuesday	6.30pm
Morning Mass	Wednesday, Friday & Saturday	9.00am
	Thursday	8.00am
Communion Service	Monday	9.00am
Praying the Gospel	Wednesday	9.30am
Reconciliation	Saturday	9.30am to 10.00am
<b>Mount Victoria - Mass</b>	1st Friday of month	7.00pm
<b>Megalong Valley - Vigil Mass</b>	2nd Saturday of month	6.00pm

**Parish Pastoral Council** meets the 3rd Thursday of each month. If you would like an issue discussed, please submit it in writing to either Fr Bob, Monica Bright (Chair), Adrian Carroll (Deputy Chair) or Chris Le Gras (Secretary).

**Care Group** - Carmel Vanny (4787 8706) Michelle Funnell (4757 2638)

**Bulletin Items:** Please contact Kate Forbes by 7.00pm Thursday.  
Phone 4787 8520 or email [sacred.heart.bulletin@gmail.com](mailto:sacred.heart.bulletin@gmail.com)

## SACRAMENTS

Today we are privileged to celebrate with the O'Leary family the Baptism of their ten month old daughter, **Sasha Deborah**, within the conduct of our Mass. We congratulate the parents for having taken this step which makes Sasha a full member of our Christian Family.

There are seven Sacraments, of which Baptism is the first and foundational Sacrament available within the practices of the Catholic Church. Until and unless baptised, no person can be a Christian. Nor is that person eligible to receive any of the other six Sacraments which the Church makes available to us. The Sacraments are divided into two groups - the first includes Baptism, Confirmation, Reconciliation and Eucharist, called the Sacraments of Initiation, because upon receipt of these four Sacraments, the recipient becomes a complete member of the Christian Community.

The second group is comprised of three special purpose Sacraments, these being Marriage, Holy Orders and Healing of the Sick. Very few people ever receive all seven Sacraments as the three special purpose Sacraments cater for entirely different needs. For example, it is most unlikely that any one person would be graced by the Sacrament of Marriage and Holy Orders.

While each Sacrament normally stands alone, occasionally two Sacraments may be combined into the one liturgy. Such is the case today when the Sacrament of Baptism is being performed within the structure of another Sacrament, the Mass. Another example where two Sacraments are combined would be within a Healing Mass where Anointing of the Sick is incorporated into an otherwise normal Mass. Easter Vigil is another occasion where Sacraments are combined. Baptism, Confirmation and First Communion (Eucharist) are the norm for Catechumenates on such occasions.

Finally, the Sacraments (all seven of them) are the visible expression of our faith in God, His absolute support of us and our missionary work for Him!

**God Bless! Fr Bob**

### Feast Days for this week: 24th-30th May

Sunday	Ascension of the Lord, Solemnity
Monday	Mary Help of Christians, Solemnity St Bede the Venerable, Monk & Doctor of the Church; St. Gregory VII, Pope
Tuesday	St Philip Neri, Priest
Wednesday	St Augustine of Canterbury, Bishop
Thursday	St Germanus of Paris, Bishop
Saturday	St Joan of Arc, Virgin

### ~ Parish Dinner ~

Tickets will again be on sale after Mass, 31<sup>st</sup> May. Do you have your name on the list? Please collect (and pay) for your ticket. See Patricia after Mass.

### The Creators of Peace International Conference is from 30 Sept to 4 Oct 09

at Collaroy Conference Centre. Join with women from around the world to enlarge our understanding of Peace as a dynamic and inclusive process that delivers justice, meets human needs and engages us all. (Further information is on Notice Board.)

The Vatican is launching iPhone and Facebook applications in an effort to help Catholics, especially younger generations, use new technologies to create a culture of dialogue, respect and friendship.

The new applications are part of a brand new Vatican Website - [www.pope2you.net](http://www.pope2you.net) - to go live on World Communications Day today.

## THANK YOU! THANK YOU!

Special thanks to all who provided a plate of hospitality for our Augustinian friends. It was so wonderful to have all three priests, Frs Paul, John and Peter re-connecting with us. Our Augustinian friends would be happy to conduct a day of Spirituality with the community if we would like this to take place. They, too, have missed their visits with us all.

Kindly sign the card for Fr Laurie who lost his brother last week to cancer. Last year his sister died, so he has had much grief to deal with. In signing the card, we can let him know that our thoughts and prayers are with him and his dear family members.

Also, please sign the card for Fr Joe Sobb as he is recovering from spinal surgery. Once recovered, he would love to join us all.

May 31 sees our re-connection with our dear friend, Fr John Frauenfelder. Kindly bring a plate of hospitality and join us in the hall to catch up with Fr John.

**Monica Bright**

### The Nuns' Run

Some (very fit!) Sisters of Charity are walking from Dubbo to Sydney. Their mission is to raise cancer awareness and crucial funds for the establishment of a new \$100 000 000 Cancer Centre with the St Vincent's Research Precinct at Darlinghurst. Regional centres will have access to the latest innovations in cancer treatment. For more information, visit [www.nunsrun.org.au](http://www.nunsrun.org.au)

The Sisters arrive in Katoomba on Tuesday, 2 June. They will visit the School community at St Canice's and in the evening hold an Ecumenical Memorial Service to remember our loved ones lost to cancer. We invite you to join us.

DATE: **Tuesday, 2 June.** TIME: **6.30pm**

VENUE: **Civic Centre, 87 Katoomba St, Katoomba.**

Please remember in your prayers, **Karen Hayward's son, Duncan**, who is currently deployed to Afghanistan with the Army.

### Happy Birthday



**Karen Cliff**

for 26th May

**Robyn Burns**

for 29th May

Please note that Fr Bob will be celebrating a **Midday Mass at St Josephs, Megalong Valley on Pentecost Sunday, 31 May.**

Copies of the **Children's Liturgy Roster** are ready for collection at the back of the church. *Barbara*



**You remain with us** O Divine Word! ... Coming into this land of exile, You willed to suffer and to die in order to draw souls to the bosom of the Eternal Fire of the Blessed Trinity. Ascending once again to the Inaccessible Light, henceforth Your abode, You remain still in this 'valley of tears,' hidden beneath the appearances of a white host. You desire to nourish me with Your divine substance and yet I am but a poor little thing who would return to nothingness if Your divine glance did not give me life from one moment to the next. *St. Thérèse (1873-1897)*

In memoriam: † **Lorenzo Fusina** ~ 25 May and † **Geoff Cliff** ~ 30th May