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Exodus 22:20-26 Have compassion 1Thessalonians 1:5-10 *Great example* Matthew 22:34-40 Greatest commandment

> **Psalm Response:** The Lord is my light, my light and my salvation.

## **Gospel Acclamation** Alleluia, Alleluia! Alleluia, Alleluia! All who love me will keep my words, and my Father will love them and we will come to them. Alleluia, Alleluia! Alleluia, Alleluia!

ROSTERSServers26 OctDiane Stewart2 NovRay WoodReaders26 Oct1st ReadingLillis FamilyIntercessionsPatricia Dee2nd ReadingRon Davis2 Nov1st ReadingMonica BrightIntercessionsPat Wicks2nd ReadingBrian BrightIntercessions2 Nov1st ReadingBrian BrightMinisters of the Eucharist26 OctDiana Landsberg and Elizabeth Doolan2 NovCounters26 OctJulie and Lance	26th Octob
2 Nov1st ReadingMonica Bright IntercessionsIntercessionsPat Wicks Brian BrightMinisters of the Eucharist26 OctDiana Landsberg and Elizabeth Doolan 2 Nov2 NovChrista and David BuckleyCounters 26 OctJulie and Lance	As we saw la the Pharisees to disconce
2 Nov Robyn and Adrian	This time their about their rel Jesus takes the at face value a openly and dir straight to the Law. When we with all our he not sin. We
Morning Tea26 OctJan Roberts2 NovChristine BurkeChurch Care7 NovSue Gracey and Barbara Grieves	others and do we can to pro wherever

Please remember in your prayers: Siobhan Atkin; Michael Cooper; Leslie Dee; Neal Evans; Anne Farindon; James Ford; Anthony Gilchrist; Fr Kevin Hay; Craig Huckstepp; Kenneth Kirkham; Jenny Mackrell; Lorraine McKelvie; Ron O'Brien; Junko Odawa, Frances Slater, Betty Zeman & Roma Ziolkowski. Please let us know if any name needs to be removed from this list.

Feast Days of the Week: Sunday 26th Oct to Saturday 1st Nov 26th Oct St Evaristus. Pope & Martyr (d105)

- 27th St Frumentius, Bishop (d380)
- 28th Sts Simon and Jude, Apostles - Feast 29th
- St Narcissus of Jerusalem, Bishop (d116) 30th St Mercellus, Centurion & Martyr (d298)
- 31st St Wolfgang, Bishop (925-994)
- 1st Nov All Saints - Solemnity



Thirtieth Sunday Α per 2014

ast week. s try again ert Jesus. question is ligious Law. eir question and answers rectly, going heart of the e love God eart, we will will love everything omote love we are.

> NEXT WEEK YOU WILL

FIND REST

ISAIAH 25:6-9

PSALM 26

Romans

5:5-11

Matt

11:25-30



## Sacred Heart Church ~ Blackheath Saint Paul's Church ~ Mount Victoria Saint Joseph's Church ~ Megalong Valley

We respectfully acknowledge the Darug and Gundungurra people, the traditional custodians of the Blue Mountains' land.

**Our Mission Statement:** As a community bonded together through faith, we are called to share our experience of God with those we meet each day, in particular, those in our local community.

Parish Priest:	Father Bob Sheridan	Office hours: Wed: 1.00pm - 4.00pm		
Parish House:	4787 8811	<b>Thu:</b> 9.00am - 12.00pm		
Parish Mobile:	0428 878810 (Emergency only)	Fri: 3.00pm - 4.00pm		
Parish Office:	4787 8540 <b>Fax:</b> 4787 6143	All enquiries regarding Baptisms,		
e-mail:	shbheath2@bigpond.com	Marriages and sick calls - 4787 8811.		

Parish Address: 18 Inconstant Street, Blackheath. NSW 2785

Website: http://www.keepersoftheflame.net/SacredHeartParish/index.html

http://www.facebook.com/pages/Sacred-Heart-Parish-Blackheath/153850768029631

<b>Blackheath</b> - Mass Evening Mass	Sunday Tuesday	9.30am 6.30pm
Morning Mass	Wednesday, Friday and Saturday Thursday	9.00am 8.00am
Benediction Exposition	2nd Saturday after 9.00am Mass All other Saturdays after 9.00am Mass	
Reconciliation	Saturdays after 9.00am Mass	9.30am
Healing Mass	1st Saturday of the month	9.00am
<b>Mount Victoria</b> - Vigil Mass <b>Megalong Valley</b> - Vigil Mass	1st and 3rd Saturdays 2nd and 4th Saturdays	6.00pm 6.00pm

Parish Pastoral Council meets the 4th Sunday of each month (after 9.30am mass). If you would like an issue discussed, please submit it in writing to Fr Bob or Diana Landsberg (Chair); David Buckley (Deputy Chair) or Colette Lillis (Secretary).

Sacred Heart Care Group: Michelle Funnell 4757 2638

**BULLETIN ITEMS:** Please contact the Parish Office on Wednesday or Thursday during office hours on 4787 8540 or email shbheath2@bigpond.com

## Mindfulness

In our community, we spend a few minutes each evening reflecting privately on the day that has just passed. It's a way of helping ourselves to be mindful of what has been good, what has been less good and where reconciliation with another might be needed. Some time ago, I read an article in Madonna magazine that suggested five questions to facilitate this process of reflection:

- 1. What was the best thing I heard today?
- 2. What was the best thing I saw?
- 3. What was the best thing someone did for me today?
- 4. What was the best thing I did for someone else?
- 5. What can I do to improve tomorrow?

I have been surprised to discover that the best thing someone has done for me and the best thing I have done for someone else each day has almost always been a very small thing. So small that I wouldn't have given it a second thought except for this opportunity to reflect. For example, somebody else put out the garbage. Usually I do it, but I was busy with other jobs today. An elderly sister was struggling to peg her washing on the line and I helped her. These little kindnesses make all the difference to the feel of the day and to our feelings about each other.

Thoughtfulness is catching. My sister made me a Sri Lankan 'love cake', which I shared with a Sri Lankan friend. It happened that she hadn't tasted that recipe since her mother's death many years before. My sister brought her the recipe together with the ingredients that aren't readily available here. Weeks later, my friend made her own 'love cake' and shared it with my sister. Love spreads! (JK) *from* **people***speak* 

## CALENDAR FOR FUTURE EVENTS

Sunday 26 October:	Blackheath Phoenix Choir, Bathurst All Saints Anglican Cathedral 2.30pm	
Sunday 2 November:	Blackheath Phoenix Choir, Lithgow Hoskins Memorial Uniting Church 3.00pm	
Sunday 9 November:	Blackheath Phoenix Choir, Leura St Alban's Anglican Church	
Tues 4, 11 & 18 Nov	Mark's Gospel Lecture Series and 18th November	
10.30am – 12.30pm: St Finbars Parish, Glenbrook. 7.30pm – 9.30pm: St Thomas Aquinas Parish, Springwood <i>RSVP 31 October. Email: <u>secretary@stFinbars.org.au</u> Phone: 4739 8928</i>		
Sunday 23 November:	11.00am -12.00pm Parish AGM, Parish Hall after Mass.	

In Memoriam: **Patricia Davies** ~ 26th October; **Brenda Pateman** ~ 27 October and **Marjorie Cowell** ~ 29th October.

