

TODAY

Isaiah 6:1-8 Here I am
1 Corinthians 15:1-11 God's grace
Luke 5:1-11 Simon follows

Response to the Psalm:
In the sight of the angels,
I will sing your praises, Lord.

Gospel Acclamation:
Alleluia! Alleluia!

ROSTERS

Servers

7 Feb Bill Grieves
14 Feb Michelle Davis

Readers

7 Feb 1st Reading Monica Bright
Ps/Intercessions Pat Wicks
2nd Reading Brian Bright
14 Feb 1st Reading Christa Buckley
Ps/Intercessions Frances Huckstepp
2nd Reading David Buckley

Ministers of the Eucharist

7 Feb Heather Carroll and Carla Edean
14 Feb Heather Carroll and Julie Hodgkinson

Children's Liturgy

7 Feb Frances Huckstepp
14 Feb Carroll Family

Counters

7 Feb Monica
14 Feb Judith and Frank

Morning Tea

7 Feb Monica Van Horen
14 Feb Robyn Burns

Church Care

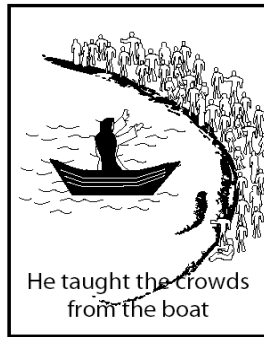
12 Feb Noleen Cliff and Mary Kingston
19 Feb Julie Hodgkinson

Next week: True happiness
Jeremiah 17:5-8; Psalm 1

1 Corinthians 15:12.16-20; Luke 6:17.20-26

Feast Days for this week! (7th to 13th February)

Sunday 7th St Richard of Lucca, King (d722AD)
Monday 8th St Josephine Bakhita, Virgin (1868-1947), Optional
St Jerome Emiliani, Priest (1481-1537), Optional
Tuesday 9th St Apollonia, Virgin & martyr (d249AD)
Wednesday 10th St Scholastica, Virgin (c480-547AD), Memorial
Thursday 11th Our Lady of Lourdes (1858AD), Optional
Friday 12th St Saturninos & Companions, Martyrs (d304)
Saturday 13th St Catherine de Ricci, Virgin (1522-1589)
St Erminguild, Queen, Widow, Abbess (d703AD)

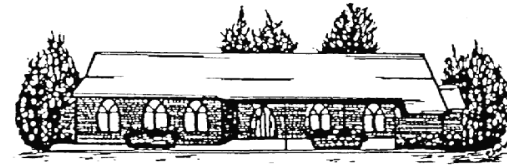


He taught the crowds from the boat

Fifth Sunday Year C

People were attracted to Jesus for he had a message that resonated in their hearts. When he had finished speaking, Jesus told Simon to put out into deep water for a catch. They had caught nothing all night, but when they obeyed Jesus' word their catch was abundant and they recognised him as Lord. They left everything to follow Jesus and share in his work of drawing people to God.

SACRED HEART PARISH



Sacred Heart Church ~ Blackheath
Saint Paul's Church ~ Mount Victoria
Saint Joseph's Church ~ Megalong Valley

We wish to acknowledge the Darug and Gundungurra people, the original custodians of this land.

Our Mission Statement: As a community bonded together through faith, we are called to share our experience of God with those we meet each day, in particular, those in our local community.

Administrator: Fr Bob Sheridan Parish Office hours:
Parish House: 4787 8811 Wednesday: 1.00pm - 5.00pm
Parish Office: 4787 8540 Thursday: 10.00am - 2.00pm
Fax: 4787 6143 All enquiries regarding Baptisms,
email: shbheath2@bigpond.com Marriages and sick calls, phone 4787 8811.

Parish Address: 18 Inconstant Street, Blackheath. NSW 2785

Website: <http://www.keepersoftheflame.net/SacredHeartParish/index.html>

Blackheath - Mass	Sunday	9.30am
Evening Mass	Tuesday	6.30pm
Morning Mass	Wednesday, Friday & Saturday	9.00am
	Thursday	8.00am
Benediction	2nd Saturday after 9.00am Mass	
Exposition	All other Saturdays after 9.00am Mass	
Reconciliation	Saturday	9.30am
Mount Victoria - Vigil Mass	1st and 3rd Saturdays	6.00pm
Megalong Valley - Vigil Mass	2nd and 4th Saturdays	6.00pm

Parish Pastoral Council meets the 3rd Thursday of each month. If you would like an issue discussed, please submit it in writing to either Fr Bob or Michelle Davis (Chair), Marjanna Gilchrist (Deputy Chair) and Diane Stewart (Secretary).

Care Group - Carmel Vanny (4787 8706) Michelle Funnell (4757 2638)

Bulletin Items: Please contact Kate Forbes by 7.00pm Thursday.
Phone 4787 8520 or email sacred.heart.bulletin@gmail.com

Shrove Tuesday

As we progress through the short hiatus period between Christmas and Lent on this 5th Sunday in Ordinary Time, we begin preparation for the Lenten/Easter period now so near to us.

The day that marks the end of this period and the beginning of Lent is called Shrove Tuesday, which is the traditional name given to the day before Ash Wednesday. It takes its name from the day in which the faithful in earlier times, went to confession to be "shriven", that is, to be absolved from their sins.

This day predates its religious history to the time when it was a non-religious celebration dating back to the middle ages, when it was known as 'Fat Tuesday' and/or Mardi Gras! Typically featured were carnivals, mass parade balls and parades with costumed participants. The name reflects the medieval pagan custom of using up meats prior to the abstaining that began with what we call Ash Wednesday. In some regions this day was also known as 'Carnival Day', or even 'Fat Day'. The name "carnival" comes from the Latin which means "withdraw" or "withdrawal of meat".

As a time of feasting, carnival celebrations the world over developed many traditional foods for the celebration. England enjoyed her famous Shrove Tuesday pancakes, and collops of sliced meat mixed with eggs and fried in butter. Hence, the identification of Shrove Tuesday in our time with Pancake Tuesday, which we celebrate in this parish on the Sunday prior to Shrove Tuesday (14th February this year - Valentine's Day).

Muffins, filled with whipped cream and coated with frosting, were traditional in Norway; Russians served rich unsweetened buckwheat pancakes. The Scots ate crowdie, a kind of porridge cooked with butter and milk. In the USA, particularly the areas around New Orleans and Galveston, a special cake, known as king's cake, is these days baked and served at parties.

Our pre-Christian ancestors in the Northern Hemisphere had many rites and celebrations to drive away Winter and welcome the fertility of Spring, so what better time for these than the celebratory days of carnival. In many countries, the Bishops sought to prepare the people for the Lenten period by expositioning the Blessed Sacrament in the churches for 40 hours in memory of the time during which the Sacred Body of Jesus was in the sepulchre. Pope Benedict XIV in 1748, instituted this special devotion calling it "40 Hours of Carnival" and this became a precursor to today's 40 Hours Devotion.

God Bless! Fr Bob

~ Catholic Outlook ~

- ◆ 6 pages on Bishop Manning's ministry
- ◆ New Bishop of Parramatta announced
- ◆ Lenten Pastoral Letter
- ◆ 3 permanent deacons ordained
- ◆ 3 pages of news from our Catholic schools
- ◆ Walk a new Way of the Cross at Lawson
- ◆ Mother Mary MacKillop: 2nd miracle clears path to sainthood
- ◆ Year for Priests: African Church shared the good news

Congratulations to Michelle Davis on her appointment as Chairperson for our Parish Pastoral Council! Sacred Heart Community is blessed to have her special gifts to lead us in this year of 2010. My congratulations also go to Marjanna Gilchrist and Diane Stewart for their very important roles on the Parish Pastoral Council. I am sure each is aware of the loving support and prayers of our community.

*Peace and blessings,
Monica Bright.*

Attention CCD

All Scripture Teachers of Mount Victoria, Megalong and Blackheath are invited to attend our meeting in the parish hall on Wednesday, 10 February at 9.30am. School commences Thursday 18 February.

Noeleen Cliff

Happy Birthday

Joe Landsberg ~ 72 on 8 February
Freya McNair ~ 8 February
Mary Kingston ~ 11 February
Kenya Burke ~ 8 on 11 February
Janice Lane ~ 70 on 12 February

Lenten Resources

"Remember me... Lenten Reflections for Individuals and Groups" is published by the Archdiocese of Brisbane. Preview samples, download music for Responsorial Psalms, Co-ordinator's Guide and order online at:
www.bne.catholic.net.au/lent

~Ministry Rosters for 2010~

If you would like to join a ministry to help serve the Sacred Heart Parish to enhance our liturgies and serve the community, would you please call Marilyn or Pat at the Parish Office on 4787 8540 (Wed/Thurs) or talk to one of the members of the Parish Pastoral Council as we are creating the rosters for 2010.

Ministries include:

- ◆ Proclaimers of the Word (readers)
- ◆ Eucharistic Ministers
- ◆ Servers
- ◆ Children's Liturgy
- ◆ Morning Tea (hospitality)
- ◆ Flowers
- ◆ Church Care (cleaning)

Training and support will be provided. We invite people to think about their gifts, talents and interests and their availability of time.

Please pray for those who are ill:

John Duggan; Leslie Dee; Bernadette Ellery;
James Ford; Roger Johnstone; Ray Lee;
Kenneth Kirkham; Irene Peacock; Cecily O'Brien;
Hugo Riggs and Cy Schreiber.

Happy Silver Anniversary

Chris & Bettina LeGras

25 years on 9 February

~♥~

Happy 47th Anniversary

Joe & Diana Landsberg

for 9 February

Liturgical Ministry Roster

(14 Feb to 4 Apr) and

Children's Liturgy Rosters

(21 Feb to 27 Jun)

Now available in the Church Foyer.

Please collect your copy today.

Reflect on the Gospel: "They left everything and followed him."