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*Genesis 9:8-15 Covenant sign
1 Peter 3:18-22 Saving water
Mark 1:12-15 Time for repentance*

Response to the Psalm: Hymn No. 102

Gospel Acclamation:

Glory to you, O Word of God, Lord Jesus Christ.
No one lives on bread alone, but on every word
that comes from the mouth of God.
Glory to you, O Word of God, Lord Jesus Christ.

Servers

1 Mar Diane Stewart
6 Mar Pat Leeder *Mt Victoria*
8 Mar Pat Wicks

Readers

1 Mar 1st Reading Frances Huckstepp
Ps/Intercessions Terry Beaver
2nd Reading Catherine Beaver
6 Mar 1st Reader *Teresa Gatt*
2nd Reader *Maria Cora*
8 Mar 1st Reading Elizabeth Giddey
Ps/Intercessions Anthony Gilchrist
2nd Reading Jane Nolan

Ministers of the Eucharist

1 Mar Heather Carroll and Diana Landsberg
8 Mar Julie Hodgkinson and Barbara Smith

Children's Liturgy

1 Mar Moira McNair
8 Mar Sarah Greene

Counters

1 Mar Christa and David
8 Mar Robyn and Kevin

Morning Tea

1 Mar Frances Huckstepp
8 Mar Margaret Ridoutt

Church Care

6 Mar Peter Ticehurst and Carla Endean
13 Mar Pat and Phil Wicks

Mass of Compassion (David Haas)

Memorial Acclamation: When we eat this bread and drink this cup,
we proclaim your death, Lord Jesus Christ,
until you come, until you come in glory.

Great Amen: We sing Amen! We sing Amen!
All glory and praise be yours, O God.
We sing Amen! We sing Amen!
With faith and hope and love,
we sing Amen!

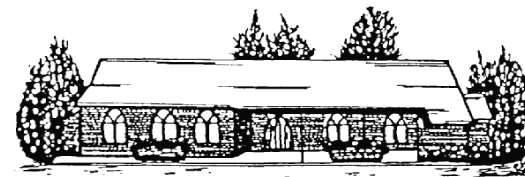


1st Sunday of Lent
Year B

To begin this season of Lent, we are given a hopeful sign, a rainbow that lifts our spirits. This is not a season of doom and gloom, but an opportunity to renew our relationship with God. To 'repent and believe the Good News' will free us from our anxieties, and help turn our minds and hearts towards God with faith and trust.

Next Week: Listen to my Son
Genesis 22:1-2.9-13.15-18;
Psalm 115
Romans 8:31-34; Mark 9:2-10

SACRED HEART PARISH



Sacred Heart Church ~ Blackheath
Saint Paul's Church ~ Mount Victoria
Saint Joseph's Church ~ Megalong Valley

We wish to acknowledge the Darug and Gundungurra people,
the original custodians of this land.

Our Mission Statement

As a community bonded together through faith,
we are called to share our experience of God with those we meet each day,
in particular, those in our local community.

**All enquiries regarding Baptisms, Marriage and sick calls
to the Parish House.**

~ Parish Administrator ~ Fr Bob Sheridan ~

Parish House: 4787 8811 Fax: 4787 6143
Parish Office: 4787 8540 email: shbheath2@bigpond.com
Office hours: Wednesday 1.00 - 5.00pm and Thursday 10.30am - 2.30pm

Website: <http://www.keepersoftheflame.net/SacredHeartParish/index.html>

Blackheath - Mass	Sunday	9.30am
Evening Mass	Tuesday	6.30pm
Morning Mass	Wednesday to Saturday	9.00am
Praying the Rosary	Thursday	2.00pm
Reconciliation	Saturday	9.30am to 10.00am
Mount Victoria - Mass	1st Friday of month	7.00pm
Megalong Valley - Vigil Mass	2nd Saturday of month	6.00pm

Parish Pastoral Council meets the 3rd Wednesday of each month. If you would like an issue discussed, please submit it in writing to either Fr Bob, Monica Bright (Chair), Adrian Carroll (Deputy Chair) or Chris Le Gras (Secretary).

Bulletin Items: Please contact Kate by 7.00pm Thursday - phone 4787 8520
or email sacred.heart.bulletin@gmail.com

LENT - A Time for Change!

Jesus preached repentance to all; the need to change the way people were living in his day if they were to become his disciples and followers. Through his healing of so many people - people suffering from every imaginable illness, even death - Jesus was able to convince a great number of them to follow him and his way so as to gain the eternal life he promised.

That same invitation is extended to each of us, and while this is open all year round, a particular focus to review and renew our lives in Christ's way is extended to us in this most penitential period of the Church year - Lent!

The word 'LENT' comes from an old English word for Spring, the season in which Lent occurs in the northern hemisphere.

Having had its origin in Jesus himself, the practice of penance gradually became a separate rite. Fasting seems to have been at the heart of penitential practice for the first three centuries after Jesus' Death and Resurrection. However, it only occupied two or three days in preparation for, and prior to, Easter. The first mention of a forty days' fast occurred at the Council of Nicaea in 325AD. There is an obvious relationship between the prescribed forty days and the fastings of Moses, Elijah and especially our Lord. Many other changes were made down through the centuries, culminating in the 1966 proclamation of Ash Wednesday and Good Friday as the only days of fast and abstinence. We can by personal choice, however, extend this requirement at any time should we so desire.

VICTORIAN BUSHFIRE VICTIMS - Summary

Our collections to date total \$2,111 - an extraordinary effort by you, our parishioners. May these funds, to be distributed by the Red Cross, help to salve the wounds of our southern brothers and sisters. CONGRATULATIONS! God Bless! (Fr.) Bob

WE ARE THE FIRST GENERATION THAT CAN END POVERTY!

At the Millennium Summit in September 2000, Australia joined with the rest of the world in signing the Millennium Declaration which set eight goals that aimed to halve world poverty by 2015. These became the Millennium Development Goals (MDGs).

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| 1. End Hunger and Extreme Poverty | 5. Maternal Health |
| 2. Universal Education for all | 6. Combat HIV/AIDS |
| 3. Gender Equity | 7. Environmental sustainability |
| 4. Child Health | 8. Global Partnership |

THANK YOU! THANK YOU!

Special thanks to all who joined us in the hall for Pancake Sunday. I wish to thank David Buckley for his launching of Project Compassion and for the audio visual display. The Prayer Focus provided by Trish was a creative touch that set the scene. There are many to thank who belong to the Caritas Group. They are Mary, Carla, Michelle, Julie, Christa, Brian and Phil.

SEASON OF LENT

Perhaps during this time you may care to create a sacred space in your home. You could cover a small table with a purple cloth and add symbols of significance such as a crucifix, a candle, the Scriptures, or favourite reflective readings, along with a bloom or leaf from the garden. Your children's drawings or prayers may also have a special place.

May we each find time to listen to the Spirit at work in our lives. May we find time to pray and discover anew the Spirit alive and active in our hearts, our families and in the life of our community of faith.

Blessings and peace, Monica.



The good news of the Gospel challenges us to change ourselves and our world for the better. This week's story takes us to rural Uganda where Teopista lives with her family. Life here is often a daily struggle. Caritas Australia is supporting 900 subsistence farming families, including Teopista's, with practical training in sustainable agriculture to improve their livelihoods. Your generous donations to Caritas Australia's Project Compassion allow subsistence farmer families to gain skills to increase their household food security and offers hope for a healthier future.



HAPPY BIRTHDAY
Bettina LeGras ~ Today
Kylie Cliff ~ 7 March
Pat Lezder ~ 7 March

Congratulations to
Philia and Frank Portelli
who celebrate their first
wedding anniversary today.

REFLECTION MORNING
The Sisters of Charity invite
you to a morning of quiet
prayer and reflection to be
held at 227 The Mall, Leura
on **Saturday, 14th March**,
from **10am to 12 noon**.
Theme: **'Finding God'**
All welcome.

In memoriam:
Herbert John Johnstone
~ 3 March ~
John Williams
~ 4 March ~
and **Geraldine Drake**
whose anniversary occurs
at this time.

The Blackheath Conference of **St Vincent de Paul** will meet on **Tuesday, 10th March** at 3.30pm in the Meeting Room.

Please remember in your prayers, Karen Hayward's son, **Duncan**, who was deployed to Afghanistan with the Army on 17 February for six months.